

## **McLoughlin Scar Tissue Release (MSTR)**

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### **Expressions of Interest for adults with scars required for student assessment**

#### **Invitation**

Adults living in the Hobart area are invited to express interest to receive Scar Tissue Release treatments during October 2021 as part of my training to be a qualified McLoughlin Scar Tissue Release (MSTR) therapist.

Three people will be selected for weekly treatments and there may be between one and four treatments necessary, depending on the nature of the scar. Treatments are for around 30 minutes each and are based in a clinic in North Hobart. A minimal fee of \$30 will be charged to cover therapist overhead costs.

#### **About the therapist**

Tiziana Hill is Reflexions' Owner/Therapist. She is a qualified Remedial and Oncology Massage Therapist and Reflexologist and a member of Massage and Myotherapy Australia and the Reflexology Association of Australia.

Her practice is largely conducted at the health clinic, Body Stillness, which operates in Smith Street, North Hobart. She also offers oncology massages at Cancer Council Tasmania and operates small private clinics in other locations.

She is currently undertaking a course of study in MSTR and is seeking a small number of clients to treat for assessment purposes, in order to become a qualified practitioner in this technique.

#### **About MSTR**

MSTR is an internationally-practiced technique designed to remodel scar tissue caused by surgery or injury. This highly effective technique is used to treat the effects of scarring, both physical and emotional. Effects may include pain, numbness, restricted movement, swelling or edema, itching or burning, to name just some!

## **Who can apply**

To assist my learning outcomes, I need three adults who fit these criteria:

- Anyone over the age of 18 with a scar (caused by surgery or injury).
- The scar should be older than eight (8) weeks and be healed (ie. is not infected or irritated). The scar may be decades old.
- The client needs to be able to attend clinic in North Hobart to see me weekly or fortnightly. (Please note there is one flight of stairs to reach the treatment room). Between one and four visits might be needed.
- No surgical mesh beneath the scar.
- The treatment is not suitable for clients with cancer or undergoing cancer treatment.
- Clients with implants, screws/pins/plates, pacemakers, insulin pumps and cochlear implants are fine.

## **About the treatment**

Treatments will be undertaken during a 30 minute visit. This time allows for discussion about the scar and the actual treatment, which is a gentle touch over the scar. A nominal fee of \$30 will be charged per treatment to assist the therapist's overhead costs.

## **Expression of interest**

Please phone during business hours if you have any enquiries, to 0484 34 9902.

If you would like to be considered, please send an email with the following details to [tiziana@reflexionshobart.com.au](mailto:tiziana@reflexionshobart.com.au) and include your:

- Name
- Phone number
- Date of birth
- Nature and location of scar
- Effects of the scar.